

Women physicians and Concierge Medicine

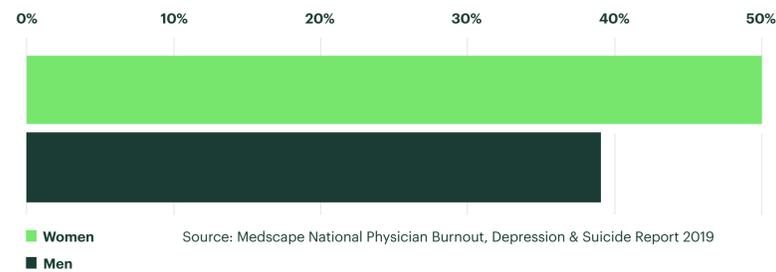
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Background

Burnout, shrinking reimbursement, vanishing autonomy and limited time with individual patients is driving down quality of care. All have defined the extraordinarily challenging medical landscape for physicians in the last decade.

For women, the terrain has been even tougher, struggling with pay disparity, stepping off the fast track to raise children and experiencing a higher degree of burnout than males.

Female Physicians Suffering Higher Rates of Burnout



Gender Pay Gap

In 2018, female physicians earned 25.2% less than their male counterparts.

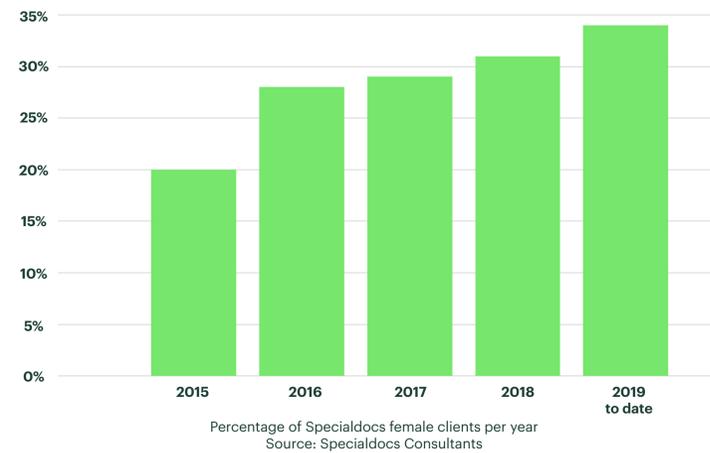
Source: Doximity 2019 Physician Compensation Survey

Hypothesis

Concierge medicine is an excellent model of care for women physicians, enabling them to practice high-quality medicine and achieve a work-life balance.

This alternative practice model, featuring membership fees and much smaller patient panels is uniquely suited to their vision of care.

Growing Rate of Women Choosing Concierge Medicine



Considering concierge medicine?

The following questions are key to determining if concierge medicine is the right fit for you:

- Do you have a strong connection with your patients?
- What's the size of your current patient panel?
- How long have you been practicing in the community?
- What are the demographics of your patient panel? Of your community?

About our poster

We're highlighting the experiences of several leading female concierge physicians who discuss how the change to a concierge medical practice offers a viable solution to many of the challenges specifically faced by women in healthcare. The panel represents a diverse cross section of geographies, age experience, pre-concierge practice types and situations.

To sustain their practices under the traditional model, these physicians were caring for upwards of 2,000 patients. Under the concierge model, they were able to establish thriving and sustainable practices with patient panels ranging from 300-500.



"I now have a tremendous opportunity to create work-life balance, not just for me but for the people who work with me."

Natasha Beauvais, MD / Internal Medicine / Northern Virginia
Concierge physician since: 2013



"What we get as concierge physicians and as women is control over our work environment, patients' experience, ability to earn a living and the way we take care of our families."

Dorothy Serna, MD
Internal Medicine / Houston, Texas
Concierge physician since: 2017



"I was done with medicine if this change didn't work. Now I can't imagine ever going back to the way things were."

Nan Monahan, MD
Internal Medicine / Atlanta, Georgia
Concierge physician since: 2017



"I wanted to be home in time to read to my children and put them to bed and give my patients as much time as needed to answer all their questions. Concierge medicine was – and still is – the best way to achieve both."

Monica Sarang, MD / Internal Medicine / Burbank, California
Concierge physician since: 2015

Results

As a result of adopting the Specialdocs concierge medicine model, our network of women physicians report the following:

- Drastically improved work-life balance
- Better work environment
- Higher quality of patient care
- More time to pursue professional passions
- More time to enjoy personal interests
- More time for their families
- Better pay, with the ability to set membership fees equal to male counterparts
- Opportunity to create a practice based on their individual vision
- A renewed sense of career and life satisfaction

Authors:

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