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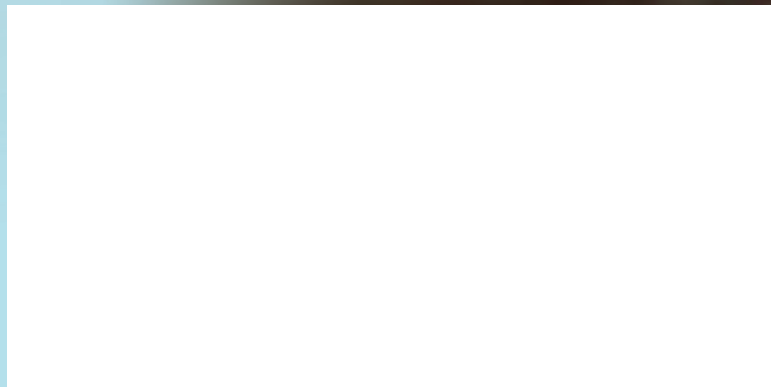
SMARTER BUSINESS. BETTER PATIENT CARE. NOVEMBER 2020 VOL. 97 NO. 15



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**Medical Economics** pulse



by **Daniel R Jasper, M.D.**

# Time well spent: Reflections on seven years as a concierge physician

**W**hen I made the change from a large, busy hospital-based primary care practice to a personalized care concierge model in 2013, the health care landscape was already starting to crumble under the weight of escalating demands. I experienced it every day, recognizing that patients who needed to see me couldn't or saw a nurse practitioner instead. No matter how smart or efficient I was, it wasn't possible to provide patients with any more than a cursory evaluation.

One case I still remember well: an elderly patient dealing with three different cancers slowly walked into my office 10 minutes late for a 15-minute appointment. Toward the end of this already too brief visit, his wife mentioned that he was also experiencing short-term memory loss. This, coupled with the complexity of his other conditions, made it impossible to conduct an appropriately thorough evaluation and I asked them to schedule another appointment. This patient was not an anomaly.

Launching a private membership practice proved to be an ideal solution. I had considered it for years, but as we all know, it's so much easier to keep the status quo, no matter how unsatisfying.

Now I only regret not doing it sooner. Long hectic days and exhausted nights have been replaced by a manageable workload with a much smaller number of patients — every one of whom I know well — and time restored to spend with family and friends. I really feel like I got my life back.

The journey was gratifyingly devoid of unexpected drama or challenges, thanks to a supportive community and expert guidance from my consultant partner, Specialdocs. I am very good at medicine, but I am not a businessman, and freely admit I could not have done this myself. They provided a road map to follow which covered everything from meeting patient expectations to setting up a new office, and most importantly, gave me the confidence to know that my concierge practice would succeed.

It did from the start, and in the past six months, has gained more traction than ever in the face of COVID-19's hard lessons about lack of available primary care in many communities. Even before that, patients were frustrated by an overcrowded, confusing health care system.

The pandemic also illuminated the irreplaceable value of a one-to-one relationship with my patients. What stands out most to me is

the universally positive feedback received from sending personal email updates on the situation to every patient in the practice. They've shared how incredibly grateful they are to receive information they can trust.

Recently we held two drive-through flu shot clinics, enabling patients to stay safely in their cars for this important preventive action. The response has been amazing, and I'm again reminded of the enormous privilege of being able to deliver care with no constraints on time or need to seek administrative approvals. The only meaningful measure is benefit to my patients.

My advice to physicians still hesitant: talk to other concierge doctors in your area and educate yourself on your options for a partner with expertise, experience and an outstanding reputation (in my opinion, Specialdocs has all three).

Think back to your initial hopes and dreams. As a primary care resident, I intended to guide patients through unrushed acute care and wellness visits, continue to care for them if they were hospitalized, and be proactive and thorough about disease prevention.

I am thankful to have restored my original passion for medicine. Don't settle for anything less than being able to run your practice exactly the way you want. ■

**"I REALLY FEEL LIKE I GOT MY LIFE BACK."**



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