

# Women Physicians and Concierge Medicine

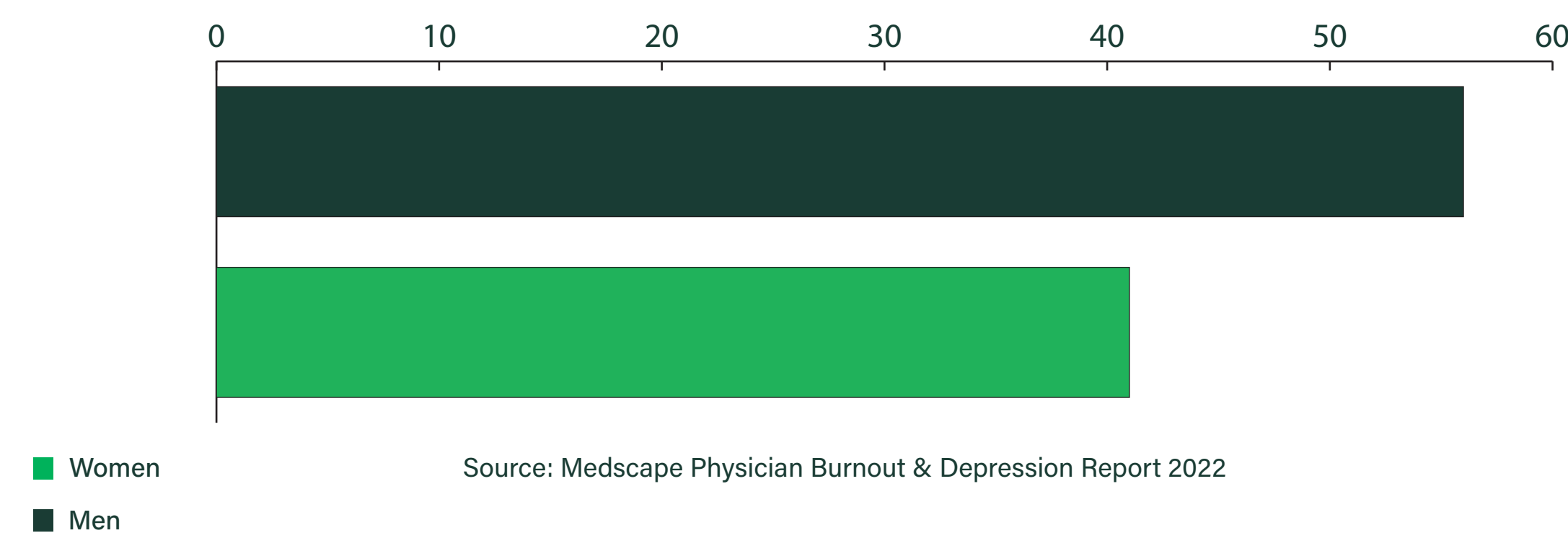
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## Background

Burnout, shrinking reimbursement, vanishing autonomy and limited time with individual patients is driving down quality of care. All have defined the extraordinarily challenging medical landscape for physicians in the last decade.

For women, the terrain has been even tougher, struggling with pay disparity, stepping off the fast track to raise children and experiencing a higher degree of burnout than males.

### Female Physicians Suffering Higher Rates of Burnout



### Gender Pay Gap Continues in 2022

Female primary care doctors earn 25% less than their male counterparts

Female specialists earn 31% less than their male counterparts.

Source: 2022 Medscape Physician Compensation Report

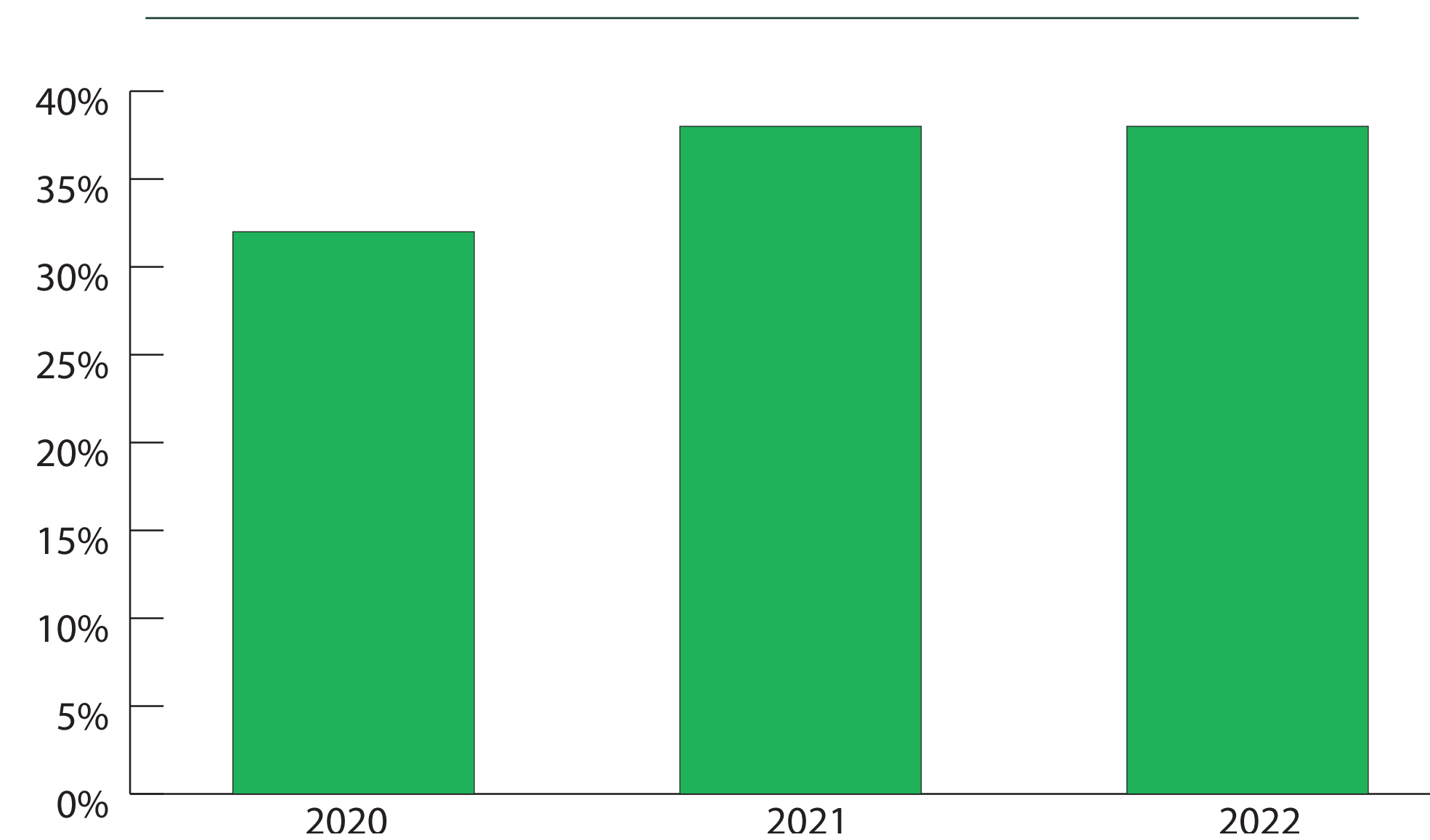
- *Women represent only 1 in 5 editor-in-chief positions at top-ranked medical journals.* Source: JAMA Network 2021
- *Women represent 18% of hospital CEOs and 16% of deans and department chairs.* Source: Forbes 4/26/22

## Hypothesis

Concierge medicine is an excellent practice model for women physicians, enabling them to practice high-quality medicine and achieve a work-life balance.

This alternative practice model, featuring membership fees and much smaller patient panels is uniquely suited to their vision of care.

### Increasing representation in Specialdocs network



Currently, nearly 40% of Specialdocs physician clients are women

Percentage of Specialdocs female clients per year  
Source: Specialdocs Consultants

## Results

As a result of adopting the Specialdocs concierge medicine model, our network of women physicians report the following:

- Drastically improved work-life balance
- Better work environment
- Higher quality of patient care
- More time to pursue professional passions
- More time to enjoy personal interests
- More time for their families
- Better pay, with the ability to set membership fees equal to male counterparts
- Opportunity to create a practice based on their individual vision
- A renewed sense of career and life satisfaction

## Considering concierge medicine?

The following questions are key to determining if concierge medicine is the right fit for you:

- Do you have a strong connection with your patients?
- What's the size of your current patient panel?
- How long have you been practicing in the community?
- What are the demographics of your patient panel? Of your community?

## Here's what Specialdocs clients have to say about the concierge practice model...



*"I now have a tremendous opportunity to create work-life balance, not just for me but for the people who work with me."*

Natasha Beauvais, MD  
Specialdocs Concierge Physician



*"What we get as concierge physicians and as women is control over our work environment, patients' experience, ability to earn a living and the way we take care of our families."*

Dorothy Serna, MD  
Specialdocs Concierge Physician



*"I wanted to be home in time to read to my children and put them to bed and give my patients as much time as needed to answer all their questions. Concierge medicine was - and still is - the best way to achieve both."*

Monica Sarang, MD  
Specialdocs Concierge Physician



Let's have a conversation  
[specialdocs.com](https://specialdocs.com)  
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